

2018 CORNHUSKER STATE GAMES GYMNASTICS

FINAL COMPETITION SCHEDULE

HOSTED BY CAPITAL CITY GYMNASTICS

SUNDAY, JULY 22ND

Session I

Excel Silver, Level 2, Level 3 (14)

8:30 am Gym Opens for Stretch and Warm up 1st Event

9:00 am Competition Begins

Awards to Follow

Session II

Level 4, 5 & Optional, Excel Platinum (12)

10:30 am Gym Opens for Stretch and Warm up 1st Event

11:00 am Competition Begins

Awards to Follow

Valentino's[®]